

GREAT SOUTH BAY YMCA YOUTH PROGRAMS!

My Buddy & Me | 6-35 Months



Jitterbug Gym Open Play

Tuesday 9:30-10:30am | Age 6-12m

Thursday 9:30-10:30am | Age 12-35m

Location: Jitterbug

Play & Arts

Wednesday 10:00-10:45am | Age 6-12m

Friday 9:45-10:30am | Age 12-35m

Location: Jitterbug

Ages 3-7 Years Old



Fitness Fun

Saturday 9:15-10:00am | Age 3-10

Location: Gym

Family Zumba

Friday 4:45-5:30pm | Ages 3+

Location: Studio

Peewee Sports

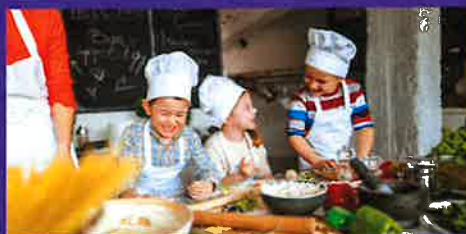
Friday 4:00-4:45pm

Location: Gym

Basketball League

Saturday 12:00-2:00pm

Location: Gym Ages: 5-7



Taste & Learn with Arts

Saturday 9:00-10:00am

Location: Sea Turtles

Jitterbug Gym Indoor Play

Friday 5:00-6:30pm

Location: Jitterbug

Preschool Gym & Swim | Ages 3-5

Stage 1

Wednesday Gym: 3:30-4:00pm | Swim: 4:00-4:30pm

Stage 2

Wednesday Gym: 4:00-4:30pm | Swim: 4:30-5:00pm



Great South Bay YMCA
200 W Main Street
Bay Shore, NY 11706

(631) 665-4255
YMCAI.org

REGISTER NOW!



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Ages 6-10 Years Old



Sports Sampler

Tuesday 4:00-5:00pm

Saturday 10:15-11:15am

Location: Gym



Pickleball Kids

Tuesday 5:00-6:00pm

Location: Gym



Soccer Clinics

Thursday 4:00-5:00pm

Location: Gym



Dodgeball

Tuesday 6:00-7:00pm

Location: Gym



STEAM

Wednesday 5:15-6:15pm

Location: Seahorse | Ages: 6-12



Hoops Clinic

Thursday 5:00-6:00pm

Location: Gym



Ninja

Friday 5:15-6:15pm

Location: Gym



Beginner Spanish

Saturday 11:00am-12:00pm

Location: Arboretum



Tee Ball

Wednesday 4:45-5:45pm

Location: Gym



Gym & Swim

Stage 1

Wednesday Gym: 11:30am-12:00pm | Swim: 12:00-12:30pm

Stage 2

Wednesday Gym: 12:00-12:30pm | Swim: 12:30-1:00pm



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GREAT SOUTH BAY YMCA YOUTH PROGRAMS!

Ages 8-15 Years Old



Leaders Club

Tuesday 7:00-8:00am

January - May | Location: Conference Room Ages: 13-17



Beginner Spanish

Wednesday 5:45-6:45pm

Location: Arboretum Ages: 11-17



Taste & Learn with Arts

Saturday 10:00-11:00am

Location: Sea Turtles Ages: 8-15



Volleyball Training

Thursday 6:00-7:00pm

Location: Gym Ages: 8-15



Basketball Stage 1

Saturday 9:00-10:00am

Location: Gym Ages: 6-8



Basketball Stage 2

Saturday 10:00-11:00am

Location: Gym Ages: 9-12



Basketball Stage 3

Saturday 11:00am-12:00pm

Location: Gym Ages: 8-15



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