



South Shore Flag Football League is a youth flag football recreational league for **boys and girls grades 1-12**.

The program provides young players with a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork.

The games are “**6 on 6**” **flag football** format that teaches the basic skills of running, passing, receiving and defending. Games involve non-contact rules that eliminate all forms of blocking and tackling.

Teams will **practice** once per week for up to 60 minutes and **play games** on Saturdays for 6 weeks.

Field Locations – South Bay Elementary School and John F. Kennedy Elementary School

The **spring season starts** the first week of **April 2024**.

To register for Spring Flag Football - <https://www.ssffli.com/>