



West Babylon Union Free School District



Anthony Spinelli
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May 2019

Dear Parent/ Guardian,

In an effort to complement our classroom health instruction and act as a resource for you when it comes to having a discussion with your child regarding puberty and maturation, I would like to welcome you to attend Puberty Pride which is a free program with details below.

This program will be presented by Mrs. Heather Simonson, a Licensed Social Worker, Certified Sexuality Educator and Sex Therapist who specializes in adolescence and parent/child communication. She will be presenting this program as a service through NYS Boards of Cooperative Educational Services (BOCES) as she does in various districts on Long Island.

Sincerely,

Mr. A. Spinelli

PUBERTY PRIDE

Is designed to prepare youth to be able to successfully navigate their transition through puberty and help them embrace change as a normal, natural part of growing up as they emerge into manhood and womanhood.

- Strengthen communication and build a long lasting connection with your child
- Discover the physical and emotional changes of puberty
- Learn about the body and the wonders of how it works

Thursday, June 6, 2019

Girls Grades 4 - 7

Parent and Child

7 p.m. - 9 p.m.

Wednesday, June 12, 2019

Boys Grades 5 - 7

Parent and Child

7 p.m. - 9 p.m.

ALL MEETINGS HELD IN JHS EAGLE HALL

Brought to you by **Sexuality Education & Counseling Services** – Mrs. Heather Simonson, LCSW, CSE
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